

**2012-2013**  
**DOWLING CATHOLIC DANCE TEAM**  
**Coach Kelly Else**

1. Tryouts for the Dowling Catholic Girls Dance Team will be held March 4-8<sup>th</sup>. The following is the time schedule:  
Sunday-Wednesday      6:00 – 8:00 pm      Small Gym  
Thursday                      4-?                      Small Gym (actual tryouts)  
Thursday will start in the small gym learning the last Two 8-counts of a dance. This will last from 4-5pm. At 5:30pm Tryouts will begin. Usually tryouts end by 10pm. However, it always varies due to the number of students trying out.
2. The Dowling Catholic Dance Team will be open to any **8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grader** who has committed to attend Dowling Catholic High School during the 2012-2013 school year. All participants trying out will be able to make the team.
3. The Dowling Dance Team is considered a Winter Sport. A member will NOT be able to participate in any other winter sports.
4. Practices for the DCHS Dance Team will be:  
  
Tuesday, Thursday AM 6:15-7:30AM  
Sundays 6-8pm  
Monday and Wednesdays 3:30-5PM
5. The Dowling Dance Team is decided by a gap in the scores of the participants trying out. After the gap is reached, the next undecided highest scores that have chosen to be an alternate will be the next alternates for the Dowling Girls Varsity Dance Team.
6. You must have at least a 2.0GPA to tryout for the Dowling Dance Team. You will also be asked to maintain this GPA or you will be ineligible to perform. An alternate will replace you but you will still be required to be at all practices and events.

7. The following is a list of what you will be asked to perform for tryouts:
  - \*You will be taught two dances. Two 8-counts will be taught the day of tryouts.
  - \*You will be asked to make up a dance. This dance must be **8 COUNTS**. Again, your dance can only be and must be at least EIGHT 8-counts long. You will choose your own music. This is your chance to show your style and talent.
  - \*Accuracy Drill- this shows arm motions, Kinetics and sharpness.
  - \*The following will be required at tryouts: Turning Disc, Toe Touch, Splits, Turns including Fouettes and Pirouettes.
8. There will be four judges with a variety background in Dance that will be judging. All required tricks will be demonstrated and broken down for tryouts.
9. The explanation of what an alternate does and what is expected of a member on dance team will be explained in depth during the evening clinic.

I hope to see every one of you at the clinic. Please remember that a positive attitude, the willingness to learn and the determination to win will always shine through. Best of luck to everyone!

Kelly Else  
Dowling Catholic Dance Team Coach